



September 2023 Breakfast

		"Bullying happens because weak people need to prop up their ego by beating up or humiliating others." — Bruce Dickinson		1. Breakfast Nachos Cereal Banana Juice Milk
		BE KIND		
4. No School LABOR DAY	5. Breakfast Bites Cereal Pears Juice Milk	6. Cereal Choice Apples Juice Milk	7. Banana Bread String Cheese Stick Cereal Orange Juice Milk	8. Waffle Sticks Sausage Links Cereal Peaches Juice Milk
11. NO SCHOOL	12. Oatmeal Breakfast Round Cereal Pineapple Juice Milk	13. Biscuit Breakfast Sandwich Cereal Mandarin Oranges Juice Milk	14. Cereal Choice Graham Crackers Tropical Fruit Juice Milk	15. Yogurt Granola Banana Juice Milk
18. Choc. Crescent Roll String Cheese Stick Peaches Juice Milk	19. Pancake on a Stick Cereal Applesauce Juice Milk	20. Breakfast Pizza Cereal Pineapple Juice Milk	21. Cereal Oranges Juice Milk	22. Waffle Sticks Sausage Links Cereal Apples Juice Milk
25. Cereal Choices Pears Juice Milk	26. Ham Breakfast Bar Cereal Apples Juice Milk	27. Bagels Cereal Mandarin Oranges Juice Milk	28. Yogurt Bug Bites Pears Juice Milk	29. Cereal Choices Peaches Juice Milk

All Menu Items are subject to change. Meals served w/1% White Milk or Skim Chocolate Milk ALL STUDENTS will be served 1 cup fruit or vegetable or 1/2c 100% fruit juice AND 1/2c fruit or vegetable 80% of the breads made in the USD 270 Kitchen are Whole Grain This institution is an equal opportunity provider